



Kia ora #FirstName#

APODC October Newsletter



Heaps on offer for APODC families and whānau....

- **YOUTH ZOOM** (ages 10yrs and up, 3 weekly) - 1st November
- **CHILDREN'S DAY AT NATHAN HOMESTEAD** - 21st November
- **EXCELLENCE AWARDS** - Yrs 1-8
- **PARENTS WELL-BEING SESSION** - November (date TBC)
- **SANTA PARADE** - 29th November (6th November - Rain Date)
- **TOUR OF NATHAN HOMESTEAD** - 3rd December
- **NZME SPECIAL CHILDREN'S CHRISTMAS PARTY** - 5th December

More to come next month, including Surprise Treat for whānau from APODC Sorry for the suspense!

[Keeping youth connected in with APODC Zoom...](#) (read more below)



SUNDAY 1st NOVEMBER, 10AM

Now more than ever, we want to make sure that our youth are doing ok, and that they have a place to chat, and stay connected with their peers. We are offering:

- **Socially focused youth sessions (age 10yrs+)**
- **Small group, with an APODC Facilitator**
- **Games, lots of fun, NZSL, and other youth opportunities on offer!**

Please contact Cat if your young person would like to attend:

EMAIL: coordinator@apodc.org.nz **TEXT/CALL:** 022 0842244

Zoom link will be sent to those registered prior to the session



CHILDREN'S DAY

Auckland Parents of Deaf and Hard of Hearing Children are invited to a New Zealand Sign Language (NZSL) storytelling day, featuring a special guest appearance, art activities, games, face-painting and balloon twisting.

Make the event extra fun by dressing up as your favourite character!

To register please email: nathan.homestead@aucklandcouncil.govt.nz or call (09) 267 0180.

Where: Nathan Homestead, 70 Hill Road
Manurewa 2102

Dates: Sat 21 Nov

Time: 11am - 1pm

Cost: Free

Suitable for: Families

Max people: 15 Families

EXCELLENCE AWARDS 2020 OPEN NOW

Do you know a Deaf or Hard of Hearing student in Year 1 - Year 8 who deserves recognition either academically, or as part of the social environment within education?

- The DCNZ Excellence Awards acknowledge the effort and achievement of a Deaf or Hard of Hearing (D/HH) student, in their school or education setting
- Applicants can be nominated by anyone eg via a referral letter from a teacher, or other education professional
- DCNZ provides certificates and medals for students in Years 1 - 8
- The Norma Taylor Memorial Trophy is also awarded for a student who has consistently achieved recognition within their school over five years at secondary level
- The Paton Family Trophy is awarded for Excellence in sport
- DCNZ encourages schools to present the Excellence Awards during an assembly or prize giving ceremony, alongside peers, families and whānau

Applications **OPEN NOW, CLOSING SUNDAY 8th NOVEMBER 2020**

To apply, go to the **Get Funding page of the DCNZ website:**
<https://deafchildren.org.nz/get-funding/>

*Please note Y9-13 Excellence Awards applications have closed



Zoom Well-being session for adults - To be confirmed soon

We have all been dealing with new anxieties and pressures this year, which often feed tensions at home, and at school. We are looking at running a Zoom session for caregivers, where you will be introduced to some strategies to implement at home, focusing on family well-being, so that you can build your existing tool kit.

Some of the things that we thought might be helpful at this time are:

- 1) Self-awareness and self-care**
- 2) Conflict resolution**
- 3) Relaxation**
- 4) Shifting perspective; bring emotions into check when things start to spiral**
- 5) Dealing with change - building a coping toolbox**

We are making enquiries with facilitators to run this session, and will be able to confirm the date and time soon.

Please let Cat know if you interested in attending?

EMAIL: Coordinator@apodc.org.nz

TEXT/CALL: 022 0842244



On his way to Auckland!! Farmers Santa Parade, 29th November

This is a spectacular annual event not to be missed, followed by heaps of family entertainment

Join us in the cordoned area to the left of the Scenic Hotel, 380 Queen Street

The parade starts at 1pm, but you need to be parked by 11am at the latest

Free giveaways and treats

Please contact Cat for wristbands. Each person needs one in order to enter the special viewing area.

Civic Car Park vouchers are available for those who need parking

coordinator@apodc.org.nz

022 0842244



NZSL INTERPRETED TOUR

For International Day of Persons with Disabilities (IDPD) we are offering the Deaf and Hard of Hearing community a free sign language interpreted tour. Led by facility staff and an interpreter, we will guide you through the homestead, dig into an archive of historic photographs, and wander through the beautiful gardens. The tour covers a brief history of the Nathan family, the heritage building, and what the homestead now offers as a community arts centre in Manurewa.

To register please email: nathan.homestead@aucklandcouncil.govt.nz

Where: Nathan Homestead, 70 Hill Road
Manurewa 2102

Dates: Thu 3 Dec

Time: 11 - 12pm

Cost: Free

Suitable for: Adults

Max people: 15



Saturday 5th December -Special Children's Christmas Party

Each year NZME puts on the most fabulous party ever for kids up to age 12 featuring:

- **Celebrities galore**
- **Activities and entertainment**
- **Party tea**
- **Train rides**
- **Animals**
- **and..... a visit to santas grotto where kids receive 2-3 presents each!**

APODC has a limited number of tickets so if you would like to be considered please get in touch with Cat. Tickets provide entry for the deaf child & 1 adult

EMAIL: Coordinator@apodc.org.nz

TEXT/CALL: 022 0842244

Watch out for a special Christmas treat for all Whānau, to be featured next month!



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