



Kia ora #FirstName#

## September 2021 - Newsletter

Kia Ora APODC Members,

We hope you are all doing well through these challenging times in lockdown. The committee met virtually in early September (we'll do so again in October), and we commented on what a strange time we find ourselves in again in 2021. The new Delta restrictions pose some additional challenges with the use of masks in public spaces and it also means we have to think smartly about how we do our events in the coming months.

Last year we made a few decisions that meant we would only hold events when Auckland is at Level 1, and keep participants to some of our events at about 100 to make sure we are doing our part to keep our whanau safe. It feels like these principles are still right for this year as well.

With this in mind, it's a great time to ask.... if we aren't able to meet in person, how do we make sure APODC can still meet your needs as parents and members of our community? Please let us know your thoughts, we'd be happy to hear them. You can email [coordinator@apodc.org.nz](mailto:coordinator@apodc.org.nz) to let us know.

We also know wellbeing and especially mental wellbeing can be a bit of a challenge during these times,. We share some resources in this newsletter that you might find useful.

And as always, please reach out if you need

Nga mihi nui ki a koutou

Willa





## Zoom Wellbeing session for parents and caregivers

Thursday 23rd September @ 7:30pm

ONLY A FEW SPOTS LEFT

Connect with other caregivers in our community, and learn about tools to support family wellbeing at home

Session facilitated by experienced deaf sector psychologist, Sandra Smith

Open to all APODC families and whanau

**TO BOOK** please email, call or text APODC's Coordinator, Cat Sainsbury:

[coordinator@apodc.org.nz](mailto:coordinator@apodc.org.nz)  
022 0842244



## Family and whanau wellbeing resources

### Parenting support during covid

Please find below some really great resources to help caregivers, kids and tamariki through. Whilst these have been put together for covid times, the tools are also useful in navigating the challenges of everyday family life.

#### Podcast

[Parenting in a Pandemic](#)

#### Tips

[Top 10 tips for parenting during COVID-19](#)

[Triple P Parenting Guide - Supporting healthy relationships and managing disagreements](#)

[Triple P Parenting Guide - Balancing work & family life during COVID-19](#)

[Top 10 tips for schooling and home-schooling during COVID-19](#)

[Triple P Parenting Guide - Parenting teens during COVID-19](#)

[Parenting Children with a Disability During Covid-19](#)

#### Further Links

[Triple P Online Initiative](#)





## Child Actors Wanted for a Post-Apocalyptic TV Series

7<sup>th</sup> September 2021

We are casting a TV series for Netflix: SWEET TOOTH - Season 2, shooting 8 episodes in New Zealand.

### WHO...

We are looking for talented kids who may be deaf, hearing-impaired HOH and kids versed in NZSL Sign Language.

[KIDS] Character is 6years old (BY JAN 2022) – 9 years old, Male and Female, any ethnicities.

ROLE WILL REQUIRE FACIAL PROSTHETICS & MAKEUP. (Prosthetics may include materials applied to an actors face such as latex, to temporarily change their appearance to suit the character)

STRONG RECURRING GUEST STAR

The roles may require an American Accent or Sign Language.

Actors who are transgender or non-binary strongly encouraged to apply.

### AUDITIONS...

We will initially accept self tapes that parents can help them with. We will provide instructions on this.

### RECALLS: Date TBC...

If they get a recall (second audition), we will organise the child and their parent or guardian to attend the casting sessions in person at our Auckland studios with the casting director and director. For anyone outside of the Auckland area we will arrange a virtual callback over Skype/Zoom etc. Pending the lockdown level, we can organize virtual callbacks for everyone.

### DATES & PAYMENT...

The potential participant must be available to work in Auckland. Anyone auditioning MUST be available for these anticipated dates:

Child Actors will have to begin the prosthetics fitting process for pre-production by the end of September 2021.

**Shoot Dates:** Between January – June 2022

This is a paid opportunity. Please note there is no payment for auditioning.

### CONTACT US...

If interested, a parent or guardian of the young actor over the age of 18 should email [nzsweettooth@catchcasting.com](mailto:nzsweettooth@catchcasting.com)



## YOUTH ZOOM..... Stay Connected

Wednesday 22nd September at 2pm

- Socially focused group for youth ages 10yrs+.
- Games and lots of fun!
- Zoom link will be sent prior to the session
- Please contact Cat if you would like to attend: [coordinator@apodc.org.nz](mailto:coordinator@apodc.org.nz) TEXT/CALL: 022 0842244



**North Harbour Sports are offering a FREE hockey-based programme  
Open to participants aged 8-21 with physical or intellectual impairments.**

For more information, including the 'have a go sessions' and the form to register, click on this link:

<https://www.harbourhockey.co.nz/programmes/hockey-without-limits/>

For all enquiries please email: [judith@harbourhockey.org.nz](mailto:judith@harbourhockey.org.nz)

*\* If you havn't already, please give 5 minutes to complete the following member survey.*

Your views will help shape Committee planning for next year and beyond:

**SURVEY LINK:** <https://forms.gle/nYzbMFUeo2caXzUk8>



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